



SUMMARY REPORT ON
REGIONAL TRAINING ON EMPOWERMENT OF WOMEN WITH DISABILITIES IN SOUTH ASIA



CHEF INTERNATIONAL
Comprehensive Health & Education Forum



14-20 NOVEMBER 2014 | APCD TRAINING BUILDING, BANGKOK, THAILAND

Summary Report on Regional Training on Empowerment of Women with Disabilities in South Asia

Organized by

South Asian Disability Forum (SADF)
Asia-Pacific Development Center on Disability (APCD)
British Council
Comprehensive Health and Education Forum (CHEF) International
Special Talent Exchange Program (STEP)



CHEF INTERNATIONAL
Comprehensive Health & Education Forum



14-20 November 2014

APCD Training Building, Bangkok, Thailand

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EXECUTIVE SUMMARY

Women with disabilities in South Asia face various levels of discrimination due to disability and gender, as well as their countries' developing world status. In developing countries, including the South Asian region, women constitute up to three quarters of all persons with disabilities. Many governments in the region, however, have yet to incorporate the concerns of women with disabilities in legal frameworks, policies, and action plans for disability and gender in line with Article 6: Women with Disabilities of the United Nations Convention on the Rights of Persons with Disabilities (CRPD).

In order to bring more awareness to barriers faced by women with disabilities in the region, 10 women leaders with disabilities from South Asia, including Bhutan, Nepal, Pakistan, and Sri Lanka, took part in the Regional Training on Empowerment of Women with Disabilities in South Asia at the APCD Training Building in Bangkok, Thailand, from 14-16 November 2014. The Training was organized by the South Asian Disability Forum (SADF), the Asia-Pacific Development Center on Disability (APCD), the British Council (BC) Pakistan, and the Comprehensive Health and Education Forum (CHEF) International and Special Talent Exchange Program (STEP), as an activity of the South Asian Disability and Development Initiative (SADDI).

The Training was aimed at developing the leadership skills of women with disabilities in South Asia. It also increased their know-how in creating modules on gender, empowerment, and personal development. A training manual that addresses UNCRPD's Article 6 and Goal 6 (Ensure Gender Equality and Women's Empowerment) of the Incheon Strategy to "Make the Right Real", 2013-2022 was also set up during the three-day Training.

The Training served as preparation for the Mainstreaming Women with Disabilities Side Event at the Asian and Pacific Conference on Gender Equality and Women's Empowerment: Beijing+20 Review, held at the United Nations Convention Center in Bangkok, Thailand, from 17-20 November 2014. The event also gave Training participants a venue to promote the advocacies of women with disabilities, including gender equality and inclusive society, as well as engage and build stronger ties with decision-makers and government delegates from their respective countries.

KEY OUTCOMES

1. Women leaders with disabilities were given an opportunity to share and apply their knowledge, experiences, and skills in creating a just and inclusive society where women with disabilities live with dignity, respect, and equality.
2. The “Bangkok Appeal on Gender Equality and Empowerment of Women with Disabilities in South Asia” was developed.
3. Women with disabilities from South Asia were given an opportunity to raise the voices of women with disabilities at the Beijing+20 Review.
4. Women with disabilities were able to develop their skills in engaging and collaborating with multi-stakeholders with regard to fundamental human rights and a just and inclusive society for all.



Reviewing the “Bangkok Appeal on Gender Equality and Empowerment of Girls and Women with Diverse Disabilities in South Asia” document



Group photo with Training participants

OUTLINE OF TRAINING

BACKGROUND

The Asian and Pacific Conference on Gender Equality and Women's Empowerment: Beijing+20 Review was held from 17 to 20 November 2014 at the United Nations Conference Centre in Bangkok, Thailand. The participants included ministers and senior officials in Asia and the Pacific, including civil society representatives in observer capacity. In this connection, the Regional Training on Empowerment of Women with Disabilities was proposed ahead of the Conference.

OBJECTIVES

1. To organize a three-day Training focusing on the capacity building of women with disabilities in Pakistan and other South Asian countries;
2. To organize a four-day training focusing on the empowerment of women with disabilities in Bhutan, Pakistan, and other South Asian countries in conjunction with the Asian and Pacific Conference on Gender Equality and Women's Empowerment: Beijing+20 Review;
3. To organize a side event on women with disabilities at the Beijing+20 Review by SADF, APCD, BC and CHEF in collaboration with the United Nations Economic and Social Commission for Asia and the Pacific (ESCAP) and the Asia Pacific Women with Disabilities United (APWWDU) as a member of the Asia-Pacific Beijing+20 Civil Society Steering Committee

EXPECTED OUTCOMES

1. Information and knowledge regarding women with disabilities in South Asia will be demonstrated and shared with ministries and/or senior officials of governments in Asia and the Pacific;
2. A side event is going to be conducted successfully by women with disabilities in South Asia in cooperation with regional partners;
3. The “Bangkok Appeal on Gender Equality and Empowerment of Women with Disabilities in South Asia” will be developed and shared with government partners.



Women with disabilities discussing issues of gender equality and women's empowerment

PROGRAMME

Day 1 : Friday, 14 November 2014

- | | |
|-------------|---|
| 09:00-09:30 | Welcome <ul style="list-style-type: none">• Registration |
| 09:30-10:00 | Introduction of All Participants - Ms. Sadia Rahman <ul style="list-style-type: none">• Welcome note by Mr. Akiie Ninomiya, Executive Director APCD• Housekeeping notes |
| 10:00-10:30 | Overview of the SADDI Project - Ms. Sadia Rahman <ul style="list-style-type: none">• Background• Key objectives• Overview of the workshop |
| 10:30-11:15 | Expectations Tree – Mr. Atif Sheikh <ul style="list-style-type: none">• Interactive exercise to support participants to share their expectations from the three-day workshop |
| 11:15-11:30 | Tea Break |
| 11:30-12:15 | SADDI – Theory of Change - Ms. Sadia Rahman <ul style="list-style-type: none">• Interactive exercise to discuss needs of women with disabilities• Building link with the Theory of Change |
| 12:15-13:00 | Cover Story – Mr. Atif Sheikh <ul style="list-style-type: none">• Identifying aims and indicators of success for the SADDI project |
| 13:00-14:00 | Lunch |
| 14:00-15:00 | Disability and Gender - Ms. Abia Akram and Ms. Sadia Rahman |
| 15:00-15:30 | Overview of the Leadership Modules - Ms. Abia Akram and Ms. Sadia Rahman <ul style="list-style-type: none">• Personal development• Leadership• Gender and empowerment• Disability |

15:30-15:45	Tea Break
15:45-16:30	Working Groups to Review Learning Outcomes for Each Module - Ms. Abia Akram and Ms. Sadia Rahman
16:30-16:45	Plenary Session - Mr. Atik Sheikh <ul style="list-style-type: none"> • Feedback on learning outcomes • Group consensus
16:45-17:00	Closing - Mr. Shafiq Rehman <ul style="list-style-type: none"> • Review • Feedback

Day 2: Saturday, 15 November 2014

09:00-09:30	Reflections - Mr. Shafiq Rehman
09:30-10:15	Theory of Change - Ms. Sadia Rahman <ul style="list-style-type: none"> • Review outcomes and outputs • Discuss barriers • Refer to cover story exercise
10:15-10:45	Identity and Culture - Ms. Asifa Ali <ul style="list-style-type: none"> • Map out personal strengths and external challenges
10:45-11:15	Success Story 01 - Participants <ul style="list-style-type: none"> • Focus on advocacy on rights on women with disability
11:15-11:30	Tea Break
11:30-12:15	Advocacy - What Does It Mean for Us? - Mr. Atif Sheikh
12:15-13:00	Planning Advocacy Activities - Ms. Sadia Rahman <ul style="list-style-type: none"> • Ideas and tools
13:00-14:00	Lunch
14:00-14:45	Leadership and Disability - Who is a Successful Leader for Us? - Ms. Abia Akram
14:45-15:15	Personal Development Plan - Ms. Abia Akram

15:15-15:30	Tea Break
15:30-16:30	Community Mapping - How Our Areas Look to Us – Ms. Asifa Ali and Mr. Shafiq Rehman
16:30-17:00	Action Planning – Instructions - Ms. Sadia Rahman
17:00-17:15	Closing/Review and Feedback - Mr. Atif Sheikh

Day 3: Sunday, 16 November 2014

09:00-09:30	Reflections – Ms. Sadia Rahman
09:30-10:15	Stakeholder Mapping – Ms. Asifa Ali
10:15-11:15	Action Planning – Ms. Sadia Rahman and Mr. Shafiq Rehman <ul style="list-style-type: none"> • Continued in country/small groups
11:15-11:30	Tea Break
11:30-12:30	Action Planning – Ms. Sadia Rahman and Mr. Shafiq Rehman <ul style="list-style-type: none"> • Presentations • Group to give feedback and input
12:30-13:00	Skills Audit – Ms. Sadia Rahman <ul style="list-style-type: none"> • Group to review skills needed for action planning/plenary session to discuss personal development plan
13:00-14:00	Lunch
14:00-14:30	Evaluations and Feedback – Ms. Asifa Ali
14:30-15:15	Certificate Ceremony
15:15-15:30	Closing Speeches
15:30-16:00	Tea Break
16:00-16:15	Closing

ON GENDER EQUALITY AND EMPOWERMENT OF GIRLS AND WOMEN WITH DIVERSE DISABILITIES IN SOUTH ASIA

Recognizing the significance of the United Nations Convention on the Elimination of All Forms of Discrimination against Women (CEDAW) and other international and regional instruments on disability and development, in particular, Article 6 on Women with Disabilities of the United Nations Convention on the Rights of Persons with Disabilities (CRPD) and Goal 6 on Ensure Gender Equality and Women’s Empowerment of the Incheon Strategy to “Make the Right Real”, 2013-2022, by the United Nations Economic and Social Commission for Asia and the Pacific (ESCAP);

Noting the need to implement the South Asian Disability and Development Initiative (SADDI) by the South Asian Disability Forum (SADF), the Asia-Pacific Development Center on Disability (APCD), the British Council, the Comprehensive Health and Education Forum (CHEF) International and the Special Talent Exchange Program (STEP), on a collaborative basis, which was intensively discussed by women with disabilities in South Asia through the SADF Strategic Planning Workshop on 18-19 November 2013 as well as the Regional Training on Empowerment of Women with Disabilities in South Asia on 14-16 November 2014;



We hereby unanimously recommend the following to be included in the outcome documents of Beijing +20 regional review in 2014 as well as global review in 2015, in reference to Article 6 of the United Nations Convention on the Rights of Persons with Disabilities and Goal 6 of the Incheon Strategy:





1. Regardless of their social, economic, religious and cultural backgrounds, the rights of girls and women with diverse disabilities should be recognized and acknowledged at all levels to achieve gender equality and human rights.
2. Existing laws and policies should be reviewed and upgraded in the context of diverse needs of girls and women with diverse disabilities, ensuring their equal access to health, education, livelihood, social protection and other services.
3. Leadership of girls and women with diverse disabilities should be included in the decision-making process at all levels.

Presented at the Luncheon Side Event on Mainstreaming
Women with Disabilities in the Beijing+20 Review
at the United Nations Convention Centre, Bangkok, Thailand

17 November 2014

LIST OF PARTICIPANTS

PARTICIPANTS

Bhutan 	Ms. Sonam Deki Ms. Khencho Lazhom Ms. Sonam Wangmo	Disabled Persons' Association of Bhutan, Administrative Staff National Institute of Traditional Medicine Hospital, Senior Telephone Operator Disabled Persons' Association of Bhutan, Executive Director
Nepal 	Ms. Rama Dhakal	Nepal Disabled Women Association, Chairperson
Pakistan 	Ms. Afshan Afridi Ms. Saima Aslam Ms. Sumaira Gul Mr. Aman Khan Ms. Tanzila Khan Ms. Maria Qureshi Ms. Zahida Qureshi Mr. Shafiq Rehman Mr. Ali Shabbar Mr. Atif Sheikh Ms. Maria Zia	National Forum of Women with Disabilities, Coordinator (KPK) National Forum of Women with Disabilities, National Coordinator Comprehensive Health and Education Forum (CHEF) International , Officer Comprehensive Health and Education Forum (CHEF) International, Project Manager Asia-Pacific Development Center on Disability, Coordinator (Punjab) National Forum of Women with Disabilities , Coordinator (Punjab) National Forum of Women with Disabilities , Executive Director Milestone, President Special Talent Exchange Program, Project Manager Special Talent Exchange Program, President Sightsavers, Assistant Manager
Sri Lanka 	Ms. Manique Gunaratne	The EFC Network on Disability, Executive Trainer

OBSERVERS

Pakistan



Mr. Muhammad Bilal
Ms. Munazza Gilani

Sightsavers, Manager (Projects)
Sightsavers, Country Head

PERSONAL ASSISTANTS

Pakistan



Mr. Muneeb Ahmad
Ms. Asifa Ali
Ms. Sofia Bano
Ms. Ferhat Raza
Ms. Nagina Tahir

Special Talent Exchange Program
Special Talent Exchange Program
Comprehensive Health and Education Forum (CHEF) International
National Forum of Women with Disabilities
Special Talent Exchange Program

Japan



Ms. Saika Moriya

Asia-Pacific Development Center on Disability

RESOURCE PERSONS/CO-ORGANIZERS

Pakistan



Ms. Abia Akram
Ms. Sadia Rehman

Special Talent Exchange Program, Project Manager
British Council, Head of Programs

Thailand



Mr. Akiie Ninomiya
Mr. Ryuhei Sano
Ms. Nongluck Kisorawong
Ms. Duangnarumol Dokruk
Ms. Sachiko Flores
Ms. Nongnuch Maytarjittipun

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Asia-Pacific Development Center on Disability, General Manager
Asia-Pacific Development Center on Disability, Administrative Manager
Asia-Pacific Development Center on Disability, IKM Manager
Asia-Pacific Development Center on Disability, Networking Officer
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Accessible for Persons with Abilities

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Accessible for Persons with disAbilities





Group photo with the "Regional Training on Empowerment of Women with Disabilities in South Asia" participants



Sharing experiences at the Beijing+20 Review Side Event



Panel discussion on the importance of mainstreaming women with disabilities



Participants sharing their views on women with disabilities



EXECUTIVE SUMMARY

The South Asian Disability Forum (SADF), in cooperation with the United Nations Economic and Social Commission for Asia and the Pacific (ESCAP), the Asia-Pacific Development Center on Disability (APCD), the British Council (BC), the Comprehensive Health and Education Forum (CHEF) International, the Asia Pacific Women with Disabilities United (APWWDU), and the Korea Disabled People's Development Institute (KODDI) held the Mainstreaming Women with Disabilities in the Beijing+20 Review Side Event at the United Nations Conference Centre (UNCC) in Bangkok, Thailand, on 17 November 2014.

Aimed at highlighting a regional focus on the inclusion of women with disabilities, the Side Event gave women with disabilities in South Asia an opportunity to take part in the discussion process of the Beijing+20 Review, to develop their capacity in engaging and collaborating with other stakeholders, and to encourage dialogues among various groups towards the promotion of human rights and justice for women with disabilities.

Held alongside the Asian and Pacific Conference on Gender Equality and Women's Empowerment: Beijing+20 Review from 17-20 November 2014, the Side Event gave participants of the Regional Training on Empowerment of Women with Disabilities in South Asia a chance to share their experiences and insights about important issues faced by women with disabilities.

Summary Report on Mainstreaming Women with Disabilities in the Beijing+20 Review Side Event

Organized by

United Nations Economic and Social Commission for Asia and the Pacific (ESCAP)

South Asian Disability Forum (SADF)

Asia-Pacific Development Center on Disability (APCD)

British Council

Comprehensive Health and Education Forum (CHEF) International

Korea Disabled People's Development Institute (KODDI)



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United Nations Conference Centre, Bangkok, Thailand

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14-16 NOVEMBER 2014
APCD TRAINING BUILDING, BANGKOK, THAILAND



SUMMARY REPORT ON
**MAINSTREAMING WOMEN WITH DISABILITIES
IN THE BEIJING+20 REVIEW SIDE EVENT**

17 November 2014 | United Nations Conference Centre, Bangkok Thailand



SUMMARY REPORT ON

MAINSTREAMING WOMEN WITH DISABILITIES IN THE BEIJING+20 REVIEW SIDE EVENT



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