

## GENERAL INFORMATION

# **Training of Trainers (ToT) for Community-based Inclusive Development (CBID): towards Sustainability**

**10 - 21 September 2012**

**Bangkok, Thailand**



**Asia-Pacific Development Center on Disability**

**Thailand**

## General Information

<b>Course Title</b>	<b>Inclusive for All Training of Trainers (ToT) for Community- based Inclusive Development (CBID): towards Sustainability</b>
<b>Course Objectives</b>	<p>To strengthen/ sustain an existing/planned CBR program in developing countries of the Asia-Pacific by training the target groups to:</p> <ol style="list-style-type: none"> <li>1) Become effective trainers and facilitators in CBR activities and projects.</li> <li>2) Promote an inclusive development approach to CBR.</li> <li>3) Sustain CBR and inclusive development strategies according to each situation and specific need.</li> </ol>
<b>Duration</b>	10 – 21 Sep 2012 (2 weeks)
<b>Language</b>	The international training course will be conducted in <b>English</b> .
<b>Deadline for Application And Selection Announcement</b>	<p><b>15 July 2012</b>  <i>* Application forms must be submitted to APCD by the deadline.</i>  <b>Selected participants will be informed by 20 July 2011</b></p>
<b>Countries Invited &amp; Participants</b>	<b>20 Active participants from the Asia-Pacific Region</b>
<b>Targeted Groups</b>	<p>Participants are expected to have 3-5 years experience in CBR management</p> <ol style="list-style-type: none"> <li>1) Trainers for CBR programs</li> <li>2) Field manager, program manager and/or community leader for an existing/planned CBR program</li> <li>3) Leaders of self-help organizations/groups of persons with disabilities who work on a CBR program</li> </ol>

<p><b>Expenses</b></p>	<p><b>The participants will cover the following expenses:</b></p> <ol style="list-style-type: none"> <li>1. <b>US\$ 700</b> for Training Fee which will include the following: <ol style="list-style-type: none"> <li><b>1.1) New CBR guidelines from WHO</b></li> <li><b>1.2) APCD Training Resource Book</b></li> <li><b>1.3) Training materials</b></li> <li><b>1.4) Airport transfer</b></li> <li><b>1.5) Medical insurance fee</b></li> <li><b>1.6) Field trip visits</b></li> <li><b>1.7) Lunch and coffee break on training days</b></li> </ol> </li> <li>2. <b>US\$ 500</b> for accommodation and breakfast in two weeks (9 - 22 Sep.2012).</li> <li>3. Expenses for own sign language interpreter or personal assistant (if necessary)</li> <li>4. Overseas transportation fee (air ticket) from his/her country to Thailand (roundtrip)</li> <li>5. Any expenses spent in his/ her country; <ul style="list-style-type: none"> <li>- VISA fee</li> <li>- Passport fee</li> <li>- Airport tax</li> </ul> </li> </ol>
<p><b>Training Venue</b></p>	<p><b>Asia-Pacific Development Center on Disability</b>  255, Rajvithi Road, Rajthevi, Bangkok 10400, Thailand  Tel: 66-2-3547505 ; Fax: 66-2-3547507  E-mail : <a href="mailto:training@apcdfoundation.org">training@apcdfoundation.org</a></p>
<p><b>Accommodation</b></p>	<p><b>Same as above</b>  (Participants will stay in twin shared rooms.)</p>

## **TRAINING CURRICULUM**

### **Participatory Training Philosophy**

The Training of Trainers (ToT) for Community-based Inclusive Development (CBID) course is specially designed to strengthen and to sustain an on-going application of new CBR guidelines in disability and development. The launching of the new Guidelines on CBR in October 2010 serves as a crucial step forward to enhance CBR projects and improve the quality of life of people with disabilities in community. As such, the need for highly qualified CBID trainers will be in greater demand.

In compliance with the above theme, the ToT course at APCD is a state-of-the-art training, facilitated by highly recognized APCD resource persons with up-to-date CBR concepts and techniques that participants can directly apply into their practice. The participatory training approach is the heart of APCD training design to promote the empowerment of persons with disabilities and the creation of an inclusive society in the Asian-Pacific region.

In addition, we emphasize the experiential learning model along to ensure that training participants will be fully equipped with knowledge, skills and attitudes necessary to become more confident leaders and eventually master CBR projects in the field.

## Training Components

The course is based on new CBR guidelines, on the principles of the Convention on the Rights of Persons with Disabilities; in addition, two principles are highlighted including self-advocacy (Empowerment) of persons with disabilities and sustainability (Management). Thus, the APCD training component is specifically design to cover those key areas throughout the training in order to achieve a core balance in preparing training participants to become effective CBID implementers.

<b>Knowledge</b>	<b>Skills</b>	<b>Integration of Knowledge and Skills</b>
<p>Understanding Disability (DET)</p> <p>Latest International Movement and Instruments</p> <p>Convention on the Rights of PWDs and BIWAKO Millennium Framework</p> <p>Poverty Alleviation</p> <p>Understanding, Management and Sustainability of CBID</p> <p>New CBR Guidelines</p> <p>Empowerment in CBR focusing on Self-Help Groups, DPOs and Independent living</p> <p>Environmental issue focusing on accessibility</p>	<p>Participatory Training Methods</p> <p>Facilitation skills</p> <p>Facilitation of Learning for Change</p> <p>Participatory Project management</p> <p>Knowledge Management</p>	<p>Field trips</p> <p>Project-based Simulations</p> <p>Individualized project design</p>

## **Eligibility**

In order to ensure the effectiveness of the learning, promote accessibility, and provide the most comfortable and productive learning environment, APCD International Training Department pays attention to the participants' screening process to maximize everyone learning opportunity.

An applicant should have the following qualifications:

1. Have 3-5 years of experience in CBR project management
2. Be a Field manager, community leader for an existing/planned CBR program, leader of a self-help organization/group of persons with disabilities.
3. Be nominated by her/his respective organization and show a proof from a supervisor that clearly indicates the implementation of a Community-based Inclusive Development aspect in the organizations' program development and/or organizational action plan.
4. Be in good health in order to complete the intensive training course.
5. Have good command of English.
6. Complete an application form.

## **Empowerment Award**

You will be qualified to apply for Empowerment Award if you

- 1) have the above qualifications and are persons with disabilities, members and/or staff of APCD's Focal Point and Associate Organizations from developing countries in Asia-Pacific.
- 2) are in least developed countries.
- 3) have a concrete plan to start CBR project and/or already start a project
- 4) are willing to submit a progress report, every three month, to APCD about your project implement and your application of new knowledge and skills that you have acquired from the training.

**APCD selection committee will select the Empowerment Award recipients.**

**The Empowerment Award covers the following:**

**APCD will provide these following items for selected Empowerment Award Recipients:**

1. Training Fee (**US \$700**) which will include the following :
  - 1.1) New CBR guidelines from WHO
  - 1.2) Training manual
  - 1.3) Training materials
  - 1.4) Airport transfer
  - 1.5) Medical insurance fee
  - 1.6) Field trip visits
  - 1.7) Lunch and coffee break on training days
2. Accommodation and breakfast in two weeks (**US\$ 500**) from 9-22 Sep.2012. (Twin shared room at APCD Training Building during the training period)
3. Overseas transportation Fee (air ticket) from his/her country to Thailand (roundtrip)
4. Necessary expenses for sign language interpreter or personal assistant

**The participants will cover the following expenses:**

Any expenses spent in his/ her country;

- VISA fee, passport fee and airport tax
- Local transportation fee from his/her residence to the airport

## **CERTIFICATE**

“Training Completion Certificate” will be given to participants who have successfully completed the course.

## **OTHER MATTERS**

### **A. TRAVEL DOCUMENTATION**

Prior to arrival in Thailand, all participants MUST first obtain a NON-IMMIGRANT VISA from the Royal Thai Embassy or Consulate in their respective countries. **Please be aware that your passport must be valid for at least 6 more months to apply for a visa.**

### **B. AIRPORT RECEPTION AND TRANSFERAL**

Upon arrival, the Asia-Pacific Development Center on Disability (APCD) will provide airport reception and transferal to the accommodation for the participants.

### **C. OPENING DAYS OF APCD ACCOMODATION**

APCD accommodation will open for training participants from 9<sup>th</sup> September (one day before), and until 22<sup>nd</sup> September (one day after).

**Application form can be downloaded from the APCD Website:**

**<http://www.apcdfoundation.org>**

**The application form can be sent by email to  
Watcharapol Chuengcharoen (Mr), International Training Officer**

**[training@apcdfoundation.org](mailto:training@apcdfoundation.org)**

**or Fax to**

**Asia- Pacific Development Center on Disability  
255, APCD Building, Rajvithi Rd., Rajthevi, Bangkok 10400, Thailand**

**Tel (662) 354 7505**

**Fax (662) 354 7507**