



Training for Strengthening Community Based Rehabilitation (CBR) in Countries of the South-East Asia Region

4 -9 July 2011
APCD Training Building
Bangkok, Thailand

Asia-Pacific Development Center on Disability



Training for Strengthening Community Based Rehabilitation (CBR) in Countries of the South-East Asia Region

Organized by

Asia-Pacific Development Center on Disability (APCD)

in collaboration with

Japan International Cooperation Agency (JICA)



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Printed and distributed by

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Accessible Information

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SUMMARY REPORT

The Asia-Pacific Development Center on Disability (APCD) organized an intensive week long international training on the topic of “Training for Strengthening Community Based Rehabilitation (CBR) in Countries of the South-East Asian Region (SEAR)” on 4-9 July 2011 which aimed to strengthen the capacity of national rehabilitation centers in the WHO South-East Asia region. The training provided an unique opportunity and brought together medical professionals, social workers, CBR program coordinators and other capacity building professionals from Bangladesh, India, Indonesia, Myanmar, Sri Lanka, and Thailand. The training participants shared their experiences and professional expertise in the larger group which stimulated an enriching learning environment for all.

This event signified the first step towards future collaboration in this region in order to take an integrated approach in incorporating social models in the promotion of new CBR Guidelines. The training curriculum highlighted the new CBR Guidelines, International Instruments such as the United Nations Convention on the Rights of Persons with Disabilities (CRPD), Disability Equality Training, and social and empowerment domains of the CBR Matrix and was supplemented by selected training skills which included a Process for Change, Observation, Asking Questions and Facilitating a Group Discussion.

International resource persons Mr. Sunarman Sukamto, Executive Director of Development Training Center-Solo from Indonesia, and Mr. Shintaro Nakamura, JICA Senior Advisor on Social Security from Japan, elaborated on their views on the Social and Empowerment domains, the new CBR Guidelines, as well as CRPD, respectively.

The high point of the training included a day trip to visit the Phutthamonthon Independent Living Center in the province of Nakhon Pathom. This hands-on experience provoked an in-depth discussion on the application of the CBR concept and the implementation of Independent Living. In the field, community-related stakeholders including a social worker, a monk, and a chief of municipality office, were invited to participate in the panel discussion to brainstorm about community collaboration and support.

The training concluded by offering participants the chance to broaden their knowledge and skills by planning a CBR project simulation specifically focusing on their country, and this was followed by a critique and a reflection. A group e-mail exchange will enable the continuation of the dialogue of integration and future collaboration among the participants.

TRAINING OVERVIEW

The overall objective of the training is to promote CBR and strengthening CBR program and rehabilitation mechanism in countries of the South-East Asia Region, with a particular focus on the social and empowerment domains of CBR. Ultimately, the training participants' views towards persons with disabilities (PWDs) will become much more "holistic" and realizing that PWDs can be an agent of change as well as active contributors to the society.

The Session Objectives

Introduction of Training (Session 1)

- (1) To understand the training framework and mutual agreement for the training context

DET (Session 2, 3)

- (1) To understand different disability models and its evolution in order to embrace diversity
- (2) To understand DET as one of the effective tools to facilitate people to become an agent of change

International Disability Instruments (Session 5)

- (1) To understand existing international instruments on disability and its function

Poverty Disability and Development (Session 6)

- (1) To explore the relationship between poverty and disability
- (2) To understand CBR as a one of the strategies to mainstream disability into development schemes

Field Trip to Independent Living Center at Puthamonthon (Day 3)

- (1) To visit Independent Living Center and connect the concept to a real world practice
- (2) To gain appreciation and deeper understanding of both the challenges and the success in managing Independent Living Center
- (3) To explore the situation of Thai community and persons with disabilities in the community

CBR Guidelines focusing on Social, Empowerment and Environment Components (Session 9)

- (1) To learn, in depth, about the Social, Empowerment and Environment components as an important tools and strategy to strengthen CBR program

Participatory Training Approach, Facilitation Skill and A Process for Change (Session 4, 8, 10)

- (1) To provide a concept of participatory training framework as a structure for adult training
- (2) To offer the participants an opportunity to learn, practice and apply relevant training and facilitation skills

PROGRAM

Each session will last about 1.20 hours. Each day will begin with a previous day review (pre-session) and will be ended with a summary.

- 1) Pre-session is from 8.30-9.00 which normally includes a review of previous day learning experience by the participants as well as house keeping and etc. Morning break runs from 10.20-10.40 while afternoon break is from 14.20-14.40. Lunch is 12.00-13.00.
- 2) In order to reinforce the learning experience, at the beginning of each session, resource person(s)/or a facilitator will provide a linkage from session to session.
- 3) The placing of topics may be changed due to group learning process, speed of practicing, individual learning goals and needs.



Opening Ceremony at APCD Training Building



Training Focused on Empowerment Component of WHO CBR Guidelines

Day /Time	9.00 - 12.00		13.00 - 16.00	
Day 1 Monday (4 July)	Session 1 Opening, Course Introduction, Aims, Process and Expectations (Ms. Supalak)	Session 2 DET (Ms. Natagamon)	Session 3 DET I (Ms. Natagamon)	Session 4 Participatory Training, Facilitation Skill A Process for Change (Ms. Supalak)
	Session 5 International Disability Instruments (Ms. Aiko)	Session 6 Disability, Development and Poverty Alleviation (Dr. Yoko)	Session 7 Concept of CBR and CBR Guidelines (Mr. Nakamura)	Session 8 Participatory Training, Facilitation Skill A Process for Change (Ms. Supalak)
Day 2 Tuesday (5 July)	Lunch Time (12.00 - 13.00)			
Day 3 Wednesday (6 July)	Pre - session 8.30 - 9.00		Coffee Break (14.20 - 14.40)	
	Field Visit to IL Puthamonton and Discussion on what they have learned. (Mr. Sunarman/Mr. Santi)			
Day 4 Thursday (7 July)	Session 9 CBR Guidelines focusing on Social, Empowerment and Environment Components (Mr. Sunarman)		Session 10 Participatory Training , Facilitation Skill, A Process for Change (Ms. Supalak)	
	Lunch Time		Lunch Time	

Day /Time		9.00 - 12.00		13.00 - 16.00	
Day 5 Friday (8 July)	Session 11 Participatory Training, Facilitation Skill, A Process for Change (Ms. Supalak / Mr. Nakamura)		Session 12 Conclusion (Mr. Somchai)		Session 13 Project Simulation (Mr.Somchai / Mr. Nakamura/ Mr. Sunaman) (Farewell Party)
	Session 14 Presentation of Project Simulation (Mr. Somchai / Mr. Nakamura/ Mr. Sunaman]		Session 15 Training Evaluation (Dr. Yoko)		
Lunch Time (12.00 – 13.00)					
Pre – session 8.30 - 9.00					
Day 6 Saturday (9 July)					
				Session 16 Closing (Ms. Supalak)	

PARTICIPANTS & RESOURCE PERSONS LIST

BANGLADESH

1. Mr. Pradip Ranjan Chakraborty
Director (Administration and Finance), Jatiyo Protibondhi Unnay Foundation

INDIA

2. Mr. Badarinath Dhruvaraj Athani
Additional Director General and Director, Directorate General of Health Service,
All India Institute of Physical Medicine and Rehabilitation
3. Mr. Elango Arumugam
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Christian Medical College, Rehabilitation Institute
4. Mr. Guru Nagarajan Shanmuganathan
Social Worker, Physical Medicine and Rehabilitation Department,
Christian Medical College, Rehabilitation Institute
5. Mr. Shashank Yeshwant Kothari
Professor and Head, Physical Medicine and Rehabilitation Department,
Christian Medical College, Rehabilitation Institute

INDONESIA

6. Ms. Farina Andayani Paryono
Head of Standardization in Sub Directorate of Injury and Violence,
Directorate Non Communicable Diseases, Ministry of Health
7. Ms. Sri Lestari
Field Program Coordinator, PPRBM/ CBR Development and Training Center

MYANMAR

8. Ms. Soe Soe Khaing
Medical Officer, Physical Medicine & Rehabilitation Department,
Yangon General Hospital
9. Mr. Win Zaw
Medical Superintendent/ Senior Consultant, National Rehabilitation Hospital
10. Ms. Myo Thuzar Khin
Junior Consultant (Rehabilitation), 1000-Bedded General Hospital
11. Ms. Nyo Lei Lei Win
Junior Consultant (Physical medicine and Rehabilitation),
Pathein General Hospital

SRI LANKA

12. Mr. Calistus Jayamanne Mohottige Don
Director of National Secretariat for Persons with Disabilities,
National Secretariat for Persons with Disabilities, Ministry of Social Services
13. Mr. Rankiri Pathirannehelage Palitha Karunapema
Deputy Director, Rehabilitation Hospital,
Ragama Rehabilitation Hospital, Ministry of Health
14. Mr. Solanachchige Anil Raja Dissanayake
Director of Youth, Elderly, Disabled, Public Health Department, Ministry of Health

THAILAND

15. Ms. Vichanee Janmookda
Head of CBR Unit, Sirindhorn National Medical Rehabilitation Centre
 16. Ms. Donruedee Srisuppaphon
Medical Doctor, Sirindhorn National Medical Rehabilitation Centre
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RESOURCE PERSONS

1. Ms. Aiko Akiyama
Social Affairs Officer, Social Development Division (SDD), United Nations ESCAP
2. Mr. Shintaro Nakamura
JICA Senior Advisor, JICA
3. Mr. Sunarman Sukamto
Executive Director
Community Based Rehabilitation Development and Training Center (CBR-DTC)



Presentation by Participants



Panel Discussion among Stakeholders at Nakornchaisri Municipal District Office during the Field Trip



Practice with APCD Resource Persons



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