

Training of Trainers for Community-based Inclusive Development

23 May- 3 June 2011
APCD Training Building
Bangkok, Thailand



Asia-Pacific Development Center on Disability



Training of Trainers for Community-based Inclusive Development

Organized by

Asia-Pacific Development Center on Disability (APCD)

in collaboration with

Japan International Cooperation Agency (JICA)



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Printed and distributed by

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Accessible Information

The text format of this booklet is available free of charge to persons with visual impairments and blind persons. Please contact APCD (info@apcdfoundation.org) for further details.

SUMMARY REPORT

13 well-attended International training participants were successfully completed the training of trainers for Community-based Inclusive Development (CBID) course which was specially designed to strengthen and to promote an on-going application of new CBR Guidelines in disability and development. The International Training was organized at APCD Training Building, Bangkok, Thailand from 23 May to 3 June 2011.

The overall training objectives were to strengthen an existing/planned CBR program in developing countries in the Asia-Pacific region by training the target groups to 1) Become effective trainers and facilitators in CBR activities and projects; 2) Promote an inclusive development approach to CBR; and 3) Develop CBR and inclusive development strategies according to each situation and specific need.

The training components highlighted on new CBR Guidelines, launching by WHO in October 2010, on the principles of the United Nations Convention on the Rights of Persons with Disabilities; in addition, two principles are highlighted including self-advocacy (Empowerment) of persons with disabilities and sustainability (Management). The participatory training approach allowed the training participants to integrate knowledge and skills in the Experiential Learning Cycle process.

The training participants came from eight countries and areas (Afghanistan, Bangladesh, Cambodia, Myanmar, Nepal, Pakistan, Palestine, and Thailand). In this context, the International Resource Persons such as Dr. Maya Thomas, Mr. Ghulam Nabi Nizamani, Ms. Akio Akiyama, Ms. Wanda Munoz, Ms. Natagamon Roongtim as well as APCD staff all professionally shared their expertise to make this training experience be one of the most powerful catalyzes for the training participants to become an “Agent of Change”.

APCD is striving to provide the most instrumental training in the file and will continue to be a leader in this important work.

TRAINING OVERVIEW

Introduction Of Training Module (Session 1)

- (1) To understand the framework and underlying principles of the Training of Trainers Module

Sharing Of Organizational Challenge and Participant's Expectation (Session 2)

- (1) To understand the participant's background, challenges and expectations toward the training

Disability Equality Training (DET) (Session 3 and 5)

- (1) To understand different disability models and its evolution in order to embrace diversity
- (2) To understand DET as an effective tool to facilitate people to become an agent of change

Participatory Training Approach (Session 4)

- (1) To provide a concept of participatory training framework

International Instruments (Session 6 and 7)

- (1) To understand existing international instruments on disability and its function
- (2) To generate ideas on how each organizations use these tools

Experiential Learning Cycle (ELC) (Session 8)

- (1) To understand ELC as the process where the knowledge is created through the transformative of experience

Poverty, Disability and Development (Session 9)

- (1) To understand the relationship between poverty and disability
- (2) To understand CBID strategies to mainstream disability into economic schemes
- (3) To have ideas on how to utilize CBID strategies into project

Inclusive for All : New CBR Guidelines (Session 10 and 11)

- (1) To understand 5 components and its good practices of CBR Guidelines
- (2) To have clear ideas on how to use CBR Guidelines into each settings

Facilitation for Change Part I (Session 12)

- (1) To learn and practice necessary facilitation skill for the training

Understanding CBID (Session 13)

- (1) To deeply understand concepts and theory behind CBID
- (2) To have ideas on how to make more effective networking with other partners using CBR Guidelines

Management of CBID (Session 14)

- (1) To gain practical idea on participatory management cycle in order to ensure sustainability

CBID : Case Stories (Session 15)

- (1) To analyse the connection between principles and practice of CBR in different contexts, around the world

Facilitation for Change Part II (Session 16)

- (1) To learn and practice necessary facilitation skill for the training

Empowerment I and II (Session 17 and 18)

- (1) To understand deep concept, good practices of empowerment component in CBR Guidelines
- (2) To gain practical strategies on how to utilize empowerment strategies into your own setting

Environmental Component I and II (Session 19 and 21)

- (1) To understand the concept of environmental model
- (2) To have ideas on how to utilize environment model perspective into your own field

Facilitation for Change Part III (Session 20)

- (1) To learn and practice necessary facilitation skill for the training

Integration and Reflection of 1st Week (Session 22)

- (1) To provide a platform for the training participants to critically think of their learning experience and make a connection to their field practice

Future Development of CBID (Session 23)

- (1) To understand the current challenges of CBID movement
- (2) Understand the latest CBID strategies
- (3) Have ideas on how to utilize CBID strategies into your field

Sustainability (Session 24)

- (1) To identify the elements of sustainability in CBID program

Knowledge Creation and Management (Session 25 and 26)

- (1) To provide the participants with background knowledge on how to utilize knowledge as an asset for capacity development

Project-based Simulation (Session 27 to 32)

- (1) To provide a platform for the training participants to exercise and apply their first hands knowledge into a structured simulation

PROGRAM

Each session will last about 1.20 hours. Each day will begin with a previous day review (pre-session) and will be ended with a summary.

- 1) Pre-session is from 8.30-9.00 which normally includes a review of previous day learning experience by the participants as well as house keeping and etc. Morning break runs from 10.20-10.40 while afternoon break is from 14.20-14.40. Lunch is 12.00-13.00.
- 2) In order to reinforce the learning experience, at the beginning of each session, resource person(s)/or a facilitator will provide a linkage from session to session.
- 3) CBID manual will provide key points of reference and executive summary for the training participants.
- 4) The placing of topics may be changed due to group learning process, speed of practicing, individual learning goals and needs.
- 5) Learner Conference (a 20 minutes interview session between a training team and training participants) will be scheduled to ensure that item 4 is achieved.

Week 1		9.00 - 12.00		13.00 - 16.00	
Day 1 Mon. (23 May)	Session 1 Introduction of Training Module (Ms. Supalak)	Session 2 Sharing of organizational challenge and participant's expectation (Dr. Isobe)	Session 3 Opening Ceremony DET I (Ms. Natagamon)	Session 4 Participatory Training Approach (Ms. Supalak)	Session 8 Experiential Learning Cycle (ELC) (Ms. Supalak)
	Session 5 DET II (Ms. Natagamon)	Session 6 International Movement and Instruments I (Ms. Aiko)	Session 7 International Movement and Instruments II (Ms. Aiko)	Session 12 Facilitation for Change Part I (Mr. Supalak)	
Day 2 Tue. (24 May)	Session 9 Poverty Disability and Development (Dr. Isobe)	Session 10 Inclusive for All: New CBR Guidelines I (Dr. Maya)	Session 11 Inclusive for All: New CBR Guidelines II (Dr. Maya)	Session 16 Facilitation for Change Part II (Ms. Supalak)	Session 20 Facilitation for Change Part III (Ms. Supalak)
	Session 13 Understanding CBID (Dr. Maya)	Session 14 Management of CBID (Dr. Maya)	Session 15 CBID Case Stories (Integration of Session 13+14) (Mr. Somchai+ HI)	Session 19 Environmental Component I (Mr. Somchai + Mr. Ghulam)	
Day 3 Wed. (25 May)	Session 17 Empowerment I (Mr. Ghulam)	Session 18 Empowerment II (Mr. Ghulam)	Session 21 Environmental Component II (Mr. Somchai)	Lunch Time (12.00 - 13.00)	
	Session 22 Integration and Reflection of 1st week (Dr. Isobe)	Session 23 Integration and Reflection of 1st week (Dr. Isobe)	Session 24 Integration and Reflection of 1st week (Dr. Isobe)	Coffee Break (14.20 - 14.40)	
Day 4 Thu. (26 May)	Coffee Break (10.20 - 10.40)		Coffee Break (10.20 - 10.40)		Session 25 Free Time
	Session 1 Introduction of Training Module (Ms. Supalak)	Session 2 Sharing of organizational challenge and participant's expectation (Dr. Isobe)	Session 3 Opening Ceremony DET I (Ms. Natagamon)	Session 4 Participatory Training Approach (Ms. Supalak)	
Day 5 Fri. (27 May)	Session 5 DET II (Ms. Natagamon)	Session 6 International Movement and Instruments I (Ms. Aiko)	Session 7 International Movement and Instruments II (Ms. Aiko)	Session 8 Experiential Learning Cycle (ELC) (Ms. Supalak)	Session 12 Facilitation for Change Part I (Mr. Supalak)
	Session 9 Poverty Disability and Development (Dr. Isobe)	Session 10 Inclusive for All: New CBR Guidelines I (Dr. Maya)	Session 11 Inclusive for All: New CBR Guidelines II (Dr. Maya)	Session 16 Facilitation for Change Part II (Ms. Supalak)	
Day 6 Sat. (28 May)	Session 13 Understanding CBID (Dr. Maya)	Session 14 Management of CBID (Dr. Maya)	Session 15 CBID Case Stories (Integration of Session 13+14) (Mr. Somchai+ HI)	Session 19 Environmental Component I (Mr. Somchai + Mr. Ghulam)	Session 20 Facilitation for Change Part III (Ms. Supalak)
	Session 17 Empowerment I (Mr. Ghulam)	Session 18 Empowerment II (Mr. Ghulam)	Session 21 Environmental Component II (Mr. Somchai)	Session 22 Integration and Reflection of 1st week (Dr. Isobe)	
Pre-session (8.30 - 9.00)		Pre-session (8.30 - 9.00)		Pre-session (8.30 - 9.00)	
Day 1 Mon. (23 May)		Day 2 Tue. (24 May)		Day 3 Wed. (25 May)	
Day 4 Thu. (26 May)		Day 5 Fri. (27 May)		Day 6 Sat. (28 May)	

Week 2	9.00 - 12.00	13.00 - 16.00
Day 7 Mon. (30 May)	Field Trip 4 stages Of Management Cycle Part and On-going Facilitation Skills Practice	
Day 8 Tue. (31 May)	Field Trip Debrief Field Trip Experience and On-going Facilitation Skills Practice	
Day 9 Wed. (1 June)	Session 23 Future Development of CBID (Mr. Somchai)	Session 24 Sustainability (Mr. Somchai)
	Session 25 Knowledge Creation and Management I (Ms. Duangnarumol)	Session 26 Knowledge Creation and Management II (Ms. Duangnarumol) (Explanation on Project-based Simulation) (Ms. Supalak)
Day 10 Thu. (2 June)	Session 27 Project-based Simulation (Preparation) (Mr. Somchai)	Session 28 Project-based Simulation (Preparation) (Mr. Somchai)
	Session 29 Project-based Simulation (Presentation) (Mr. Somchai)	Session 30 Project-based Simulation (Presentation) (Mr. Somchai)
Day 11 Fri. (3 June)	Session 31 Project-based Simulation (Presentation) (Mr. Somchai)	Session 32 Wrap-up project and Networking (Mr. Somchai) 12.00-14.00 Lunch Party
	Session 33 Reflection Evaluation (Dr. Isobe) Closing Ceremony (Dr. Isobe)	
Pre-session (8.30 - 9.00)		
Coffee Break (10.20 - 10.40)		
Lunch Time (12.00 - 13.00)		
Coffee Break (14.20 - 14.40)		

PARTICIPANTS & RESOURCE PERSONS LIST

AFGHANISTAN

1. Mr. Abdul Nasir Shamsudduha Baryala
Assistant Director, Afghan Amputee Bicyclist For Rehabilitation And Recreation (AABRAR)

BANGLADESH

2. Ms. Sadia Tajin
Associate Program Officer, Young Power in Social Action (YPSA)

CAMBODIA

3. Mr. Channa Nom
CBR Manager, Veterans International, Kratie Physical Rehabilitation Center
4. Mr. Samnang Pheng
Director of Disability Development Services Program (DDSP),
Disability Development Services Program (DDSP)

MYANMAR

5. Mr. Zaw Lin Htun
Trainer, Eden Centre For Disabled Children

NEPAL

6. Ms. Sreejana Chipalu
Supervisor, Technical And Skill Development Centre For Blind And Disabled

PAKISTAN

7. Mr. Abid Hussain Lashari
President, Nawashah Disability Forum (NDF)
8. Mr. Imran Ahmed
Manager Projects, Civil Society Human and Institutional Development Programme (CHIP)
9. Mr. Muhammad Sajid Zaman
Project Coordinator, Civil Society Human and Institutional Development Programme (CHIP)
10. Mr. Muhammed Ahmed Ghaznavi
Program Assistant, Sightsavers

PALESTINE

11. Mr. Mah'D Moh'D Abdelaziz Ibreighith
Program Manager,
Community Based Rehabilitation-Bethlehem Arab Society For Rehabilitation

THAILAND

12. Mr. Narin Juntim

Head of Bangkrang SHG, Disabled Bangkrang Group

13. Mr. Santi Rungnasuan

Director, Bhudhamonthon Independent Living Center

RESOURCE PERSONS

1. Ms. Aiko Akiyama

Social Affairs Officer, Social Development Division (SDD), United Nations ESCAP

2. Mr. Ghulam Nabi Nizamani

Coordinator, All Sanghar Handicap's Association (ASHA)

3. Dr. Maya Thomas

Chief Editor, Asia Pacific Disability Rehabilitation Journal

4. Ms. Natagamon Roongtim

Manager, Bangkok Independent Living (IL) Center

5. Ms. Wanda Muñoz

Livelihoods Technical Advisor-Asia programs,

Inclusion Unit / Technical Resources Division

Handicap International

PHOTOS



Group Photo of Opening Ceremony



Session on “Disability Equality Training” by APCD Resource Person



Practice on Facilitation Skills with Persons with Disabilities and People in the Community at Prasart Temple, Nonthaburi Province



Group Discussion and Interactive Activity among Participants



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