



TCTP 2016

Summary Report on Third Country Training Programme

**Knowledge Creation Forum
on Community-based Inclusive Development 2016**
(Capacity-building of Persons with Intellectual Disabilities
and Their Parents)

24 July-6 August 2016 | APCD Training Building, Bangkok, Thailand



Summary Report on

Third Country Training Programme Knowledge Creation Forum on Community-based Inclusive Development 2016

(Capacity-building of Persons with Intellectual Disabilities
and Their Parents)

Organized by

Asia-Pacific Development Center on Disability (APCD)



In collaboration with

**Japan International Cooperation Agency (JICA)
Thailand International Cooperation Agency (TICA)
of the Ministry of Foreign Affairs of Thailand**



With support from

Ministry of Social Development and Human Security of Thailand



ROYAL THAI GOVERNMENT

24 July -6 August 2016
APCD Training Building, Bangkok, Thailand

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THIRD COUNTRY TRAINING PROGRAMME

COURSE TITLE

Knowledge Creation Forum on Community-based Inclusive Development 2016

GENERAL OBJECTIVE

Empowerment of young persons with intellectual disabilities in Southeast Asia countries from the perspective of Community-based Inclusive Development (CBID)

TRAINING OBJECTIVES

To develop the capacity of persons with intellectual disabilities and their parents in the Mekong Sub-region by providing opportunities to enhance understanding of the CBID concept;

To provide a forum for persons with intellectual disabilities and their parents by exchanging information and knowledge on art activities not only by persons with intellectual disabilities;

To strengthen regional collaboration between the United Intellectual Disability Network in the Mekong Sub-region, APCD and other new partners, in collaboration with TICA and JICA, with support from MSDHS, particularly by learning and practicing on art activities (e.g. promotional campaign and fundraising through masterpieces by artists with intellectual disabilities), as well as their lifestyle in day and night time (e.g. group home and personal assistance care).

EXPECTED OUTCOMES

- 1) Master art works and innovative art activities, created by artists with intellectual disabilities will be shared in the public through the production of the 2017 Calendar;
- 2) Young leaders with intellectual disabilities and their parents were provided with great opportunities to exchange various intellectual disability-friendly activities on creative arts as well as the concept of independent living for persons with intellectual disabilities from the Mekong Sub-region countries and Japan;
- 3) Country reports on the intellectual disabilities movement of each country and action plan for implementation at the community level were developed and presented; and,
- 4) Networking among young leaders with intellectual disabilities, their parents and resource persons from Mekong Sub-region countries and Japan was strengthened.

Executive Summary

The Asia-Pacific Development Center on Disability (APCD) in collaboration with the Ministry of Foreign Affairs of Thailand through the Thailand International Cooperation Agency (TICA) and the Japan International Cooperation Agency (JICA), with support from the Ministry of Social Development and Human Security of Thailand (MSDHS), jointly organized the 14-day international intensive training course, “The Third Country Training Programme: Knowledge Creation Forum on Community-based Inclusive Development 2016 (Capacity Building for Persons with Intellectual Disabilities and their Parents)”. The training was held at the APCD Training Building in Bangkok, Thailand from 24 July to 6 August 2016.

The participatory training gathered 22 young artists with intellectual disabilities and their parents from Cambodia, Lao PDR, Myanmar, and Thailand. Training participants created various art works and animation through creative exercises, and enabled them to develop interpersonal skills with each other and as a part of a wider community. Resource persons from Japan and Thailand, who are experts in the intensive development of persons with special needs, including art and independent living skills for persons with intellectual disabilities were invited. Field visits to the Association for Persons with Intellectual Disability of Thailand (APIDT) and the Na Kittikoon Foundation were also conducted.

At the closing ceremony, H.E. Mr. Shiro Sadoshima (Ambassador Extraordinary and Plenipotentiary of Japan to the Kingdom of Thailand) gave a special lecture on art and disability where he shared his own experiences as an artist. Mr. Paisan Rupanichkij (Deputy Director General, TICA) and Mr. Hiroo Tanaka (Chief Representative, JICA-Thailand), as well as Ms. Vijitra Rajatanuntikul (Director, Strategic and Planning Department, Department of Empowerment of Persons with Disabilities, MSDHS) also gave closing remarks and messages, respectively.

APCD is committed to strengthening and promoting the empowerment of persons with intellectual disabilities through their creative work. Among the outcomes in this year’s Training were a 2017 Calendar and high-tech animation through the “Innovative Art Activities by Persons with Intellectual Disabilities in Thailand and Other Countries in the Mekong Sub-region”, which help participants become ‘agents of change’ in their respective communities.



Group photo with participants, APCD staff, supporters and partners

Key Outcomes

1. Master art works and innovative art activities, created by artists with intellectual disabilities will be shared with the public through the production of the 2017 Calendar.
2. Young leaders with intellectual disabilities and their parents were provided with great opportunities to exchange various intellectual disability-friendly activities on creative arts as well as the concept of independent living for persons with intellectual disabilities from the Mekong Sub-region countries and Japan.
3. Country reports on the intellectual disabilities movement of each country and action plans for implementation at the community level were developed and presented.
4. Networking among young leaders with intellectual disabilities, their parents and resource persons from Mekong Sub-region countries and Japan was strengthened.
5. Art masterpieces produced by Training participants were well-recognized by senior officials of the Royal Thai Government and Japan, including H.E. Mr. Shiro Sadoshima, Ambassador Extraordinary and Plenipotentiary of Japan to the Kingdom of Thailand.



H.E. Mr. Shiro Sadoshima, Ambassador Extraordinary and Plenipotentiary of Japan to the Kingdom of Thailand

Training Schedule & Session Objectives

| Week 1 | 8.30 - 9.00 | 9.00 – 10.30 | 10.45 - 12.30 | 13.30 – 15.00 | 15.15 - 17.00 | 18.00 - 19.30 |
|--|--|---|--|---|---|----------------------|
| Day 1 Sunday (24 July) | Arrival of participants and check in to APCD Training building Ms. Supaanong & Mr. Watcharapol | | | | | |
| Day 2 Monday (25 July) | Session 1: Ice Breaking Activity (8:30 – 9:30) | Session 2: Opening Ceremony (9:30 – 10:30) | Session 3: Key Perspective About Painting Art by Artist with Autism I | Session 4: Key Perspective About Painting Art by Artist with Autism II (Cont.) | Session 5 - 6: Workshop About Painting Art and International Cooperation I & II | Welcome Dinner |
| | Ms. Kaewkul | Ms. Supaanong | Mr. Anan Intravisit | Mr. Anan Intravisit | Ms. Sontanee Nattapol | Ms. Supaanong |
| Day 3 Tuesday (26 July) | Session 7: Let's Make Animation & Calendar I | Session 8: Let's Make Animation & Calendar I (Cont.) | Session 9: Let's Make Animation & Calendar II | Session 10: Let's Make Animation & Calendar II (Cont.) | Coffee Break (15.00 – 15.15) | |
| | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | | |
| Day 4 Wednesday (27 July) | Session 11: Let's Make Animation & Calendar III | Session 12: Let's Make Animation & Calendar III (Cont.) | Session 13: Let's Make Animation & Calendar IV | Session 14: Let's Make Animation & Calendar IV (Cont.) | Coffee Break (15.00 – 15.15) | Free Time |
| | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | | |
| Day 5 Thursday (28 July) | Recap of the Previous Day | Session 15: Let's Make Animation & Calendar V | Session 16: Let's Make Animation & Calendar V (Cont.) | Session 17: Let's Make Animation & Calendar VI | Session 18: Let's Make Animation & Calendar VI (Cont.) | Free Time |
| | | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | |
| Day 6 Friday (29 July) | Session 19: Let's Make Animation & Calendar VII | Session 20: Let's Make Animation & Calendar VII (Cont.) | Session 21: Let's Make Animation & Calendar VIII | Session 22: Let's Make Animation & Calendar VIII (Cont.) | Coffee Break (15.00 – 15.15) | Free Time |
| | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | Ms. Yoshie Kurisu | | |
| Day 7 Saturday (30 th July) | Session 23: Inclusive Development by Friendly Art Activities | Session 24: Inclusive Development by Friendly Art Activities (Cont.) | Session 25: Evaluation 1 st Week | Session 26: Evaluation 1 st Week (Cont.) | Coffee Break (15.00 – 15.15) | Free Time |
| | Mr. Suradej Wantaya | Mr. Suradej Wantaya | Mr. Watcharapol | Mr. Watcharapol | | |

| Week 2 | 8.30 - 9.00 | 9.00 – 10.30 | 10.45 - 12.30 | 13.30 – 15.00 | 15.15 - 17.00 |
|-----------------------------------|---|---|---|--|--|
| Day 8 Sunday (31 July) | Self-Study | | | | |
| Day 9 Monday (1 August) | Recap of the Previous Day | Session 27: Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing I | Session 28: Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing I (Cont.) | Session 29: Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing II | Session 30: Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing II (Cont.) |
| | | Ms. Chieko Shiota | Ms. Chieko Shiota | Ms. Chieko Shiota | Ms. Chieko Shiota |
| Day 10 Tuesday (2 August) | Session 31: Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing III | Coffee Break (10.30 – 10.45) | Session 32: Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing III (Cont.) | Session 33: Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing IV | Session 34: Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing IV (Cont.) |
| | Mr. Keisuke Shimizu | | Mr. Keisuke Shimizu | Mr. Keisuke Shimizu | Ms. Supaanong |
| Day 11 Wednesday (3 August) | Session 36: Field Visit at Association for Persons with Intellectual Disabilities of Thailand | | Session 37: Field Visit at Na Kittikoon Foundation | | |
| | Ms. Supaanong | | Ms. Supaanong | | |
| Day 12 Thursday (4 August) | Session 39: Preparation of TCTP 2016: Country Report | Session 40: Preparation of TCTP 2016: Action Plan | Session 41: Country Report & Action Plan Presentation | | |
| | Mr. Watcharapol | Mr. Watcharapol | Mr. Watcharapol | | |
| Day 13 Friday (5 August) | Session 44: Closing Ceremony (09:30-11.00) | | Session 45: Feedback & Reflection | | |
| | H.E. Mr. Shiro Sadoshima | Ms. Supaanong | Mr. Watcharapol | | |
| Day 14 Saturday (6 August) | Departure of participants | | | | |

Coffee Break (15.00 – 15.15)

Lunch Time (12.30 – 13.30)

Farewell Lunch (11.00-12.30)

Session Objectives

| Session(s) | Title | Objective (s) |
|-----------------|---|--|
| Session 1 | Ice Breaking Activity | To let participant know each other and provide basic knowledge creation through CBID |
| Session 2 | Opening Ceremony | To welcome honorable guests and learn honored speeches from the Government of Japan and the Government of Thailand as well as the implementing organization |
| Session 3 – 4 | Key Perspectives About Painting Art by Artist with Autism | To understand the overview and underlying principles of the TCTP 2015 Training Module |
| Session 5 – 6 | Workshop About Art and International Cooperation | To promote the empowerment of persons with intellectual disabilities through painting art activities at international level |
| Session 7 – 8 | Let's Make Animation & Calendar I | To create talents for trainees with intellectual disabilities and their parents through innovative art activities |
| Session 9 – 10 | Let's Make Animation & Calendar II | To ensure their talents and creativity through art activities to be well known by various stakeholders in society through contribution and facilitation from Japanese resource persons |
| Session 11 – 12 | Let's Make Animation & Calendar III | To create a masterpiece of trainees with intellectual disabilities and their parents to be highlighted in an exhibition and will be disseminated to the general public |

Session Objectives

| | | |
|-----------------|--------------------------------------|--|
| Session 13 – 14 | Let's Make Animation & Calendar IV | <p>To create talents further for trainees with intellectual disabilities and their parents through innovative art activities</p> <p>To ensure their talents and creativity through art activities to be well known by various stakeholders in society through contribution and facilitation from the Japanese resource persons</p> <p>To create a masterpiece of trainees with intellectual disabilities and their parents to be highlighted in an exhibition and will be disseminated to the general public</p> |
| Session 15 – 16 | Let's Make Animation & Calendar V | |
| Session 17 – 18 | Let's Make Animation & Calendar VI | |
| Session 19 – 20 | Let's Make Animation & Calendar VII | |
| Session 21 – 22 | Let's Make Animation & Calendar VIII | |




Session Objectives


| | | | |
|-----------------|---|--|--|
| | | <p>To promote the masterpieces of persons with intellectual disabilities towards an inclusive, barrier-free, rights-based society and empowerment of persons with intellectual disabilities to the general public</p> <p>To reflect talents of persons with intellectual disabilities to the public</p> | |
| Session 23 – 24 | Inclusive Development by Friendly Art Activities | <p>To distribute two user-friendly evaluation forms on the 1st week and reflect constructive comments for further improvement in the second week of training</p> | |
| Session 25 – 26 | Evaluation (1st Week) | | |
| Session 27 – 28 | Good practice of daytime and nighttime activities of persons with intellectual disabilities: Work, Employment and Housing I | <p>To create, exchange and elaborate new information and knowledge how to live in a community life by persons with intellectual disabilities</p> <p>To gain new information and knowledge on how persons with intellectual disabilities live their community life in Japan, particularly in the transition process from their educational period to vocational life.</p> | |
| Session 29 – 30 | Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing II | <p>To compare some new knowledge creation on a community life by persons with intellectual disabilities between Mekong sub-region countries and Japan</p> | |
| Session 31 – 32 | Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing III | | |
| Session 33 – 34 | Good Practice of Daytime and Nighttime Activities of Persons with Intellectual Disabilities: Work, Employment and Housing IV | | |
| Session 35 | Field Visit Preparation | <p>To prepare necessary things for the site visits</p> <p>To give an orientation for training participants before taking the field visit</p> | |

Session Objectives




| | | |
|-----------------|---|--|
| Session 36 | Field Visit at Association for Persons with Intellectual Disabilities of Thailand | To provide a platform for training participants to exercise and apply their first-hand experience with good practices for the empowerment of persons with intellectual disabilities in Thailand |
| Session 37 – 38 | Field Visit at Na Kittikoon Foundation | |
| Session 39 | Preparation of TCTP 2016: Country Report | To exchange background information on the intellectual disability movement and conduct friendly activities for persons with intellectual disabilities through a creative platform, i.e. painting |
| Session 40 | Preparation of TCTP 2016: Action Plan | To allow training participants to present their artistic creations to their community in accordance with their future plans |
| Session 41 – 43 | Country Report & Action Plan Presentation | To learn case studies on the development of an intellectual disability-friendly community from the perspective of Community-based Inclusive Development (CBID) |
| Session 44 | Closing Ceremony | To allow training participants to present their artistic creations to their community in accordance with their future plans |
| Session 45 | Feedback & Reflection | To listen to and learn from honorable speeches shared by heads or country representatives of different organizations, to learn lessons from the outcome of the regional training and give certificates to participants |
| | | To distribute two user-friendly evaluation forms and receive constructive comments for further regional training |

Participants List

| Country | Name | Organization |
|--|---------------------------------|---|
| Cambodia  | Mr. Hem Visal | Cambodian Youth with Disabilities and Development (CAMYOD) |
| | Mr. Nhork Kimhor | |
| | Mr. Vibol Panharith | Komar Pikar Foundation (KPF) |
| | Mrs. Men Bunthy | |
| | Ms. Sok Sreineang | Pour Un Sourire D'enfant (PSE) |
| | Ms. You Chandy | |
| LaoPDR  | Mr. Thippakone Thongphanthalath | Intellectual Disability Unit (IDU) Lao Disabled People's Association |
| | Ms. Amphayvone Boundavong | |
| | Mrs. Phouanemaly Sihanath | |
| | Mrs. Khamphout Sayalack | |
| Myanmar  | Mr. Han Zaw Oo | Future Stars Self-Advocacy Organization of Persons with Intellectual Disabilities |
| | Mr. Naing Win Soe | |
| | Mr. Tet Toe Aung | |
| | Mr. Kyaw Kyaw Oo | |
| | Mr. Aung Kyaw Myint | |
| | Mr. Thet Lwin | |
| | Ms. Khin Nilar Tun | |
| | Ms. Khin Mar Aye | |

| Country | Name | Organization |
|---|---------------------------|--|
| Thailand  | Mr. Vasin Srisawang | Dao Ruang Self Advocacy Group for Persons with Intellectual Disabilities of Thailand |
| | Ms. Thanunya Wannaprasert | |
| | Mrs. Sugunya Srisawang | |
| | Mrs. Wanee Wannaprasert | |



Interpreters

| Country | Name | Organization |
|---|--------------------------|---|
| Cambodia  | Mr. Vimean Bot | Project Supervisor of Komar Pikar Foundation (KPF) |
| Myanmar  | Mr. Nyunt Aung | Freelance Interpreter & Translator |
| Thailand  | Ms. Satita Rojpojjanarat | Art Therapy Foundation Course British Association of Art Therapy London, United Kingdom |

List of External Resource Persons

| Country | Name | Position/ Organization |
|---|--------------------------|--|
| Japan  | H.E. Mr. Shiro Sadoshima | Ambassador Extraordinary and Plenipotentiary of Japan to the Kingdom of Thailand, Embassy of Japan in Thailand |
| | Ms. Yoshie Kurisu | Director, SLOW LABEL |
| | Mr. Keisuke Shimizu | User, Habikinoen |
| | Ms. Chieko Shiota | Director, Activity Center Hibiki |
| | Ms. Mimi Shinko | Animation Artist/ PA for Ms. Kurisu |
| | Ms. Masako Onishi | Staff, Habikinoen/ PA for Mr. Shimizu |
| Thailand  | Mr. Anan Intravisit | Teaching Assistant on Art/ Thawsi School |
| | Mrs. Pongsuda Totiensri | Resource person assistant of Mr. Anan |
| | Ms. Sontanee Nattapol | Founder and Foundation Manager Na Kittikoon Foundation |
| | Mr. Sanu Phuenpong | Assistant of Ms. Sontanee Nattapol Na Kittikoon Foundation |
| | Ms. Janet Phuenpong | |
| | Mr. Suradej Wantaya | Pension Government Officer Art for All Foundation |

Presentations

| COUNTRY REPORTS & ACTION PLANS | |
|---|--|
|  Cambodia | Country Report for Cambodia |
|  Lao PDR | <ul style="list-style-type: none"> • Country Report of Third Country Training Programme (TCTP): Knowledge Creation Forum on Community-based Inclusive Development 2016 • Action Plan (Lao PDR) |
|  Myanmar | Third Country Training Programme 2016 Country Report and Action Plan |
|  Thailand | Country Report on the Basic Data for Third Country Report Training Programme 2016 |

| FIELD VISIT PRESENTATIONS | |
|--|--|
| Na Kittikoon Foundation (Thailand) | Na Kittikoon's Art and People with Special Needs |
| Mr. Anan Intravisit Teaching Assistant on Art Thawsi School (Thailand) | Profile and Repertoire |

| OTHER PRESENTATIONS | |
|---|---|
| Ms. Chieko Shiota Director Activity Center Hibiki (Japan) | <ul style="list-style-type: none"> • Persons with Intellectual Disabilities in Japan, Their Lives, Work and Art • Producing Art Activities by Persons with Disabilities on a Commercial Basis • "Habikinoen" |
| Ms. Supaanong Panyasirimongkol Networking Assistant Office of Network Secretariat | <ul style="list-style-type: none"> • Communication Card Orientation • Site Visit Orientation |
| Ms. Kris Yoshie Director SLOW LABEL (Japan) | SLOW ACADEMY in TCTP 2016 (Let's Make an Animation!) |

*All presentations available in attached CD.

Photos



Group photo with participants



Pep talk from APCD's Executive Director



Exchange of mementoes with resource person with intellectual disability from Japan



Playing with musical instruments



Participants taking part in the animation-making process



Drawing exercises for participants



Learning more about the animation process

Teamwork in clay art



Artworks for Animation and Calendar Projects







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(Capacity-building of Persons with Intellectual Disabilities
and Their Parents)

24 July-6 August 2016

APCD Training Building, Bangkok, Thailand



Accessible for Persons with disAbilities

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